

David A. Wagner, OD Kelly L. Seibert, OD Makayli B. Terwilliger, OD Phone: (814) 677-6636 Fax:(814) 677-9562

Please read and mitial each statement. Complete, underline or circle individual selection accordingly.

| o | I authorize Doctor to perform IPL™ treatments on me in an effort to improve Dry Eye Disease due to Meibomian Gland Dysfunction / Dyschromia / Hyperpigmentation / Hair Reduction / PWS / Haemangioma / Angioma / Rosacea / Telangiectasia / Other:   | <u>Initials</u> |
|---|--|-----------------|
| o | I understand that without eye protection, IPL applied near the eyes may cause severe ocular complications  |                 |
| o | I understand that there is a rare possibility of side effects or serious complications including permanent discoloration and scarring. I am aware that careful adherence to all advised instructions will help reduce this possibility   |                 |
| 0 | <ul> <li>I understand the below list of short-term effects and agree to follow matching guidelines:</li> <li>Flaking of pigmented lesions – crusts may take 5 to 10 days to disappear and it is important not to manipulate or pick which may otherwise lead to scarring</li> <li>Discomfort – during the procedure, I might experience a sensation similar to a rubber band snap which degree will vary per my skin condition and area sensitivity but that does not last long. A mild "sun-burn" sensation may follow for typically up to one hour and will be reduced with application of cooling and soothing creams</li> <li>Reddening and swelling – severity and duration depend on the intensity of the treatment and the sensitivity of the area to be treated. These phenomena may be reduced with application of cooling and/or anti-inflammatory creams</li> <li>Bruising may rarely occur and may last up to 2 weeks</li> </ul> |                 |
| 0 | I understand that sun exposure or tanning of any sort is not aligned with the pre and/or post-care instructions and may increase the chance for complications  |                 |
| ө | The procedure as well as potential benefits and risks have been thoroughly explained to me and I have had all my related questions answered  |                 |
| 0 | Pre and post-care instructions have been discussed and are completely clear to me  |                 |
| 0 | I understand that results may vary with each individual and acknowledge that it is impossible to predict how I will respond to the treatment and how many sessions will be required  | 8               |
| 0 | I consent to photographs being taken for the purpose of documenting my progress and response to the treatment and be kept solely in my medical record  |                 |
| 0 | I consent to photographs being used for medical education or publication with applied discretion and not revealing my identity   | -               |
| 0 | I agree to review the following IPL <sup>™</sup> pre-treatment compliance checklist along with my Physician and bring accurate and updated data, to the best of my knowledge   | -               |



David A. Wagner, OD Kelly L. Seibert, OD Makayli B. Terwilliger, OD Phone: (814) 677-6636 Fax:(814) 677-9562

For Dry Eye Disease due to Meibomian Gland Dysfunction:

|           | Skin type of the area to be treated: I \( \text{I} \) II \( \text{II} \) III \( \text{III} \)   | <b>V</b> 🗆 | V 🗆 |
|-----------|---|------------|-----|
|           | Ocular surgery or eyelid surgery, within 6 months prior to the first IPL session?   | NO         | YES |
|           | Neuro-paralysis in the planned treatment area, within 6 months prior to the first IPL session?  | NO         | YES |
|           | Uncontrolled eye disorders affecting the ocular surface, for example active allergies ?   | NO         | YES |
|           | Pre-cancerous lesions, skin cancer or pigmented lesions in the planned treatment area ?   | NO         | YES |
|           | Uncontrolled infections or uncontrolled immunosuppressive Diseases ?  | NO         | YES |
|           | Ocular infections, within 6 months prior to the first IPL session ?   | NO         | YES |
|           | Prior history of cold sores or rashes in the perioral area or in the planned treatment area that could be stimulated by light at a wavelength of 560 nm to 1200 nm, including: Herpes simplex 1 & 2, Systemic Lupus erythematosus, and porphyria? | NO         | YES |
| OptiLight | Within 3 months prior to the first IPL session, use of photosensitive medication and/or herbs that may cause sensitivity to 560-1200 nm light exposure, including: Isotretinoin, Tetracycline, Doxycycline, and St. John's Wort?                  | NO         | YES |
|           | Radiation therapy to the head or neck, within 12 months prior to the first IPL session?   | NO         | YES |
|           | Planned radiation therapy, within 8 weeks after the last IPL session  | NO         | YES |
|           | Treatment with chemotherapeutic agent, within 8 weeks prior to the first IPL session?   | NO         | YES |
|           | Planned chemotherapy, within 8 weeks after the last IPL session?  | NO         | YES |
|           | History of migraines, seizures or epilepsy ?  | NO         | YES |
|           | Tattoos in the planned treatment area ?   | NO         | YES |
|           | Exposure to sun or artificial tanning during 3-4 weeks prior to Treatment?  | NO         | YES |
|           | Any remaining suntan, sunburn or artificial tanning products?   | NO         | YES |



Kelly L. Seibert, OD Makayli B. Terwilliger, OD Phone: (814) 677-6636 Fax:(814) 677-9562

For all other conditions (relevant for an upgraded configuration of the OptiLight device):

|                  | Skin type of the area to be treated: I   II   III  | IV 🗆     | V D VI I                                  |
|------------------|--|----------|---|
|                  | Natural or artificial sun exposure in the past 3-4 weeks pre-op or the following 3-4 weeks post-op plan  | NO       | YES                                       |
|                  | Use of self-tanners or tan enhancer caps within the past 3-4 weeks pre-op plan   | NO       | YES ·                                     |
|                  | Photosensitive herbal preparations (St John's Wort, Ginkgo Biloba, etc) or aromatherapy (essential oils)   | NO       | YES:                                      |
|                  | Diseases which may be stimulated by light at 400 nm to 1200 nm, such as history of Systemic Lupus Erythematosus or Porphyria   | NO       | YES:                                      |
|                  | Pregnant or possibility of pregnancy, postpartum or nursing  | NO       | YES                                       |
|                  | Inflammatory skin conditions (dermatitis, etc)   | NO       | YES:                                      |
|                  | Presence or history of active cold sores or herpes simplex virus   | NO       | YES                                       |
| HR               | HIV  | NO       | YES                                       |
| PL               | Active cancer (currently on chemotherapy or radiation)   | NO       | YES                                       |
| SR               | Previous skin cancer?  | NO       | YES                                       |
| VL.              | Medical history of keloids   | NO       | YES                                       |
|                  | Intake of isotretinoin within the past year  | NO       | YES                                       |
|                  | Medical history of Koebnerizing isomorphic diseases (vitiligo, psoriasis)  | NO       | YES:                                      |
|                  | Any known allergy?   | NO       | YES:                                      |
|                  | Any tattoo and/or pigmented lesion on requested treatment area that should be protected?   | NO       | YES                                       |
|                  | List of additional current medication taken  |          |   |
|                  | List of additional current medication taken  |          |   |
|                  | Hormonal or endocrine disorders (PCOS or uncontrolled diabetes?)   | NO       | YES:                                      |
| R                | Hormonal or endocrine disorders (PCOS or uncontrolled diabetes?)  Previous hair removal procedures on requested treatment area (other  | NO<br>NO | YES: what/when?                           |
| L.               | Hormonal or endocrine disorders (PCOS or uncontrolled diabetes?)   |          | YES: what/when?                           |
| L<br>R           | Hormonal or endocrine disorders (PCOS or uncontrolled diabetes?)  Previous hair removal procedures on requested treatment area (other IPL/laser, wax, electrolysis, etc)  Any observed modification (colour, size, texture and border) on the  | NO       |   |
| R<br>L<br>R<br>L | Hormonal or endocrine disorders (PCOS or uncontrolled diabetes?)  Previous hair removal procedures on requested treatment area (other IPL/laser, wax, electrolysis, etc)  Any observed modification (colour, size, texture and border) on the lesion to be treated?  Any hair on requested treatment area that should not be removed?  | NO<br>NO | YES: what/when? YES: YES: YES: what/when? |
| L<br>R<br>L      | Hormonal or endocrine disorders (PCOS or uncontrolled diabetes?)  Previous hair removal procedures on requested treatment area (other IPL/laser, wax, electrolysis, etc)  Any observed modification (colour, size, texture and border) on the lesion to be treated?  Any hair on requested treatment area that should not be removed?  Age of lesion onset?  Previous skin procedures on requested treatment area (Botox, fillers, | NO<br>NO | YES: what/when? YES:                      |



David A. Wagner, OD Kelly L. Seibert, OD Makayli B. Terwilliger, OD Phone: (814) 677-6636 Fax:(814) 677-9562

My signature certifies that I duly read and understood the content of this informed consent form, and that I gave the accurate information as to my health condition. I hereby freely consent to OptiLight IPL treatments

| Name of patient (please print) | Signature of patient | Date |
|--------------------------------|----------------------|------|
| •                              |                      |      |
| Name of witness (please print) | Signature of witness | Date |



David A. Wagner, OD Kelly L. Seibert, OD Makayli B. Terwilliger, OD Phone: (814) 677-6636 Fax:(814) 677-9562

Please read and initial each statement. Complete, underline or circle individual selection accordingly.

| Patient Name: Patient Signature:  | Intials: |
|---|----------|
| Date:   | meiaisi  |
| □ I authorize Wagner Family Eyecare to perform IPL™ treatments on me.   |          |
| in an effort to improve Dry Eye Disease due to<br>Meibomian Gland Dysfunction / Dyschromia /<br>Hyperpigmentation / Hair Reduction / PWS /<br>Haemangioma / Angioma / Rosacea / Telangiectasia /<br>Other:  |          |
| ☑ I understand that without eye protection, IPL applied near the eyes may cause severe ocular complications.  |          |
| I understand that there is a rare possibility of side effects or serious complications including permanent discoloration and scarring. I am aware that careful adherence to all advised instructions will help reduce this possibility.   |          |
| <ul> <li>I understand the below list of short-term effects and agree to follow matching guidelines:</li> <li>Flaking of pigmented lesions – crusts may take 5 to 10 days to disappear and it is important not to manipulate or pick which may otherwise lead to</li> </ul>  |          |
| scarring.  Discomfort – during the procedure, I might experience a sensation similar to a rubber band snap which degree will vary per my skin condition and area sensitivity but that does not last long. A mild "sunburn" sensation may follow for typically up to one hour and will be reduced with application of cooling and soothing creams. |          |

Wagner Family Eyecare 3285 State Route 257 Seneca PA 16346 814 677-6636

| Patient Name   | Date:   |  |
|--|---|--|
| Please read and initial each stater underline or circle individual selec   |   |  |
| <ul> <li>Reddening and swelling – seven depend on the intensity of the treates sensitivity of the area to be treated phenomena may be reduced with a cooling and/or anti-inflammatory or Bruising may rarely occur and reweeks.</li> </ul> | atment and the<br>d. These<br>application of<br>creams. |  |
| ☑ I understand that sun exposure of<br>sort is not aligned with the pre and<br>instructions and may increase the<br>complications.   | d/or post-care  |  |
| ☑ The procedure as well as potenti<br>risks have been thoroughly explain<br>have had all my related questions  | ned to me and I   |  |
| Pre and post-care instructions had and are completely clear to me.   | ave been discussed ——                                   |  |
| ☑ I understand that results may va<br>individual and acknowledge that it<br>predict how I will respond to the to<br>many sessions will be required.  | is impossible to  |  |
| □ I consent to photographs being to purpose of documenting my prograto the treatment and be kept sole record.  | ess and response  |  |
| ☑ I consent to photographs being a<br>education or publication with app<br>not revealing my identity.  |   |  |
| I agree to review the following Is compliance checklist along with moring accurate and updated data, knowledge.  | ny Physician and  |  |

One of the most important factors in deciding which Laser/IPL<sup>TM</sup> (and settings) to use is the patient skin type. Skin typing is determined by genetics, reaction of the skin to sun exposure and tanning habits. The following skin type quiz¹ is intended **as a sample only** to provide additional help in the evaluation of an individual skin type. Skin typing of the area to be treated is to be assessed. Lumenis takes no liability on that document and its content is not intended to be a substitute for professional medical diagnosis.

| Genetic predisposition                               |                            |                        |                         |               | Report<br>Score   |   |
|--|----------------------------|------------------------|-------------------------|---------------|-------------------|---|
| Score →  | 0                          | 1                      | 2                       | 3             | 4                 | ₩ |
| What is the colour of your eyes?                     | Light blue,<br>grey, green | Blue, grey<br>or green | Blue                    | Dark brown    | Brownish<br>black |   |
| What is the natural colour of your hair?             | Sandy red                  | Blond                  | Chestnut,<br>dark blond | Dark brown    | Black             |   |
| What is the colour of your skin (non-exposed areas)? | Reddish                    | Very pale              | Pale with beige tint    | Light brown   | Dark brown        |   |
| Do you have freckles on non-<br>exposed areas?       | Many                       | Several                | Few                     | Incidental    | None              |   |
|  |                            | 7                      | otal score fo           | r genetic pre | disposition:      |   |

| Reaction to sun exposure                                   |   |                                      |   |                   |                            |       |  |
|--|---|--------------------------------------|---|-------------------|----------------------------|-------|--|
| Score →  | 0                                       | 1                                    | 2   | 3                 | 4                          | Score |  |
| What happens when you stay in the sun too long?            | Painful redness,<br>blistering, peeling | Blistering<br>followed by<br>peeling | Burns sometimes<br>followed by<br>peeling | Rare burns        | Never had<br>burns         |       |  |
| To what degree do you turn brown?                          | Hardly or not at all                    | Light colour tan                     | Reasonable tan                            | Tan<br>very easy  | Turn dark<br>brown quickly |       |  |
| Do you turn brown within several hours after sun exposure? | Never                                   | Seldom                               | Sometimes                                 | Often             | Always                     |       |  |
| How does your face react to the sun?                       | Very sensitive                          | Sensitive                            | Normal                                    | Very<br>resistant | Never had<br>a problem     |       |  |

| Tanning habits  |                        |                   |                   |                       |                          | Report |
|---|------------------------|-------------------|-------------------|-----------------------|--------------------------|--------|
| Score →   | 0                      | 1                 | 2                 | 3                     | 4                        | •      |
| When did you last expose your body to sun (or artificial sunlamp/self-tanning cream)? | More than 3 months ago | 2-3 months<br>ago | 1-2 months<br>ago | Less than a month ago | Less than 2<br>weeks ago |        |
| Did you expose the area to be treated to the sun?                                     | Never                  | Hardly ever       | Sometimes         | Often                 | Always                   |        |

Add up the total scores for each of the three sections for your Skin Type Score:

Total score for reaction to sun exposure:

Wagner Family Eyecare 3285 State Route 257 Seneca PA 16346 814 677-6636

<sup>&</sup>lt;sup>1</sup> Quiz adapted from the Radiation protection (tanning units) amendment regulation by the Australian Government Health Directorate and the American Skin Cancer Foundation

| ₩<br>Skin Type Score | Skin Type | Features   |
|----------------------|-----------|--|
| 0-7                  | 1         | Caucasian / freckles Always burns and never tans (pale white skin)                                   |
| 8-16                 | II        | Caucasian / freckles<br>Burns easily and tans minimally (white skin)                                 |
| 17-25                | III ·     | Darker Caucasian<br>Burns moderately and tans gradually (light brown skin)                           |
| 25-30                | IV        | Mediterranean, Asian, Hispanic<br>Burns minimally and always tans well (moderate brown skin)         |
| Over 30              | V         | Middle Eastern, Latin, light-skinned black, Indian Rarely burns and tans profusely (dark brown skin) |
| 373. 30              | VI        | Never burns (deeply pigmented dark brown to black skin)  |

| Report total skin type score: Quiz s      | kin type: Diagnosed  | skin type: |
|---|--|------------|
| Has a consent form been signed? Yes / No  | Has an additional pre-treatment of checklist been completed?(pls circle)                           |            |
| Assessment conducted by: (pls print name) | Date of assessment:  |            |
| Name of patient:                          | Signature of patient: (I attest hereby that I have answered the above to the best of my knowledge) |            |

Wagner Family Eyecare 3285 State Route 257 Seneca PA 16346 814 677-6636